

# RUBIN-PACHULSKI PROPERTIES West LA College Grand Prix

SUNDAY AUGUST 7, 2005



Category	Start	Distance	Places	Prizes	KOM	Limit	Fee
<b>1031Market.com</b> Juniors 10/12*	8:00 am	20 min	6/6	Awards	No	50	\$10
<b>1031Market.com</b> Juniors 13/14*	8:01 am	25 min	6/6	Awards	No	50	\$10
<b>1031Market.com</b> Juniors 15/16*	8:02 am	30 min	6/6	Awards	No	50	\$10
<b>1031Market.com</b> Juniors 17/18*	8:03 am	35 min	6/6	Awards	No	50	\$10
<b>Faux de Lis</b> Masters 55+	8:45 am	45 min	6	\$100	No	50	\$20
<b>Liquid Fitness</b> Cat 5	9:40 am	40 min	6	Awards	No	50	\$20
Masters 35+	10:30 am	60 min	6	\$500	\$100	100	\$20
<b>Empower Coaching</b> Women Pro/1/2*	11:40 am	55 min	10	\$600	\$200	100	\$20
<b>Velo San Vicente</b> Women 3/4*	11:41 am	45 min	6	\$200	No	100	\$20
<b>The Editor's</b> Masters 45+	12:45 pm	45 min	6	\$300	\$100	100	\$20
<b>Rubin-Pachulski</b> Men Pro/1/2	1:40 pm	75 min	15	\$1700	\$500	125	\$25
<b>Full Performance Fitness</b> Cat 3	3:05 pm	55 min	6	\$400	\$100	100	\$20
<b>Liquid Fitness</b> Cat 4	4:10 pm	45 min	6	\$300	No	100	\$20

**INFORMATION**

**Rules:** USCF Category "D" race rules apply (permit #2005-1396). Free lap rule in effect until 3 laps to go.

**Wheel Pit:** Wheels in/Wheels out.

**Course:** This challenging 1.3 mile triangular circuit on the WLAC grounds is a course that selects the fittest to contest the finish. The course descends from the start line for about 0.5 miles. After the first left, the course flattens out for about 0.5 miles leading to the next left, where the road turns up (200' per lap, 0.4 mi 6-7% grade). For 2005, the Finish and KOM line will be at the top of the hill. Good pavement and room to maneuver on this course.

**KOM:** On three designated laps in each race, the top 5 riders to the top of the climb score points (5,4,3,2,1). The three riders with the greatest points total win prizes, EXCEPT for the Men's Pro/1/2, where the top 5 point totals win prizes. Prizes may be cash, merchandise, or both

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**Registration:** Opens at 7:00 a.m., and one hour before each race; closes 15 minutes prior to race time. Pre-registration must be POSTMARKED by Monday August 1st. After that add \$5. Send 2005 USA Cycling standard release form with check payable to: V.C.L.G.W., 2118 Wilshire Blvd. #525, Santa Monica, CA 90403; OR register at [bikereg.com](http://bikereg.com). Includes USCF insurance fee. Unattached riders add \$5. No unattached fees for Cat 5 men or Cat 4 women. For extra races add \$10. We do not accept temporary checks nor will give refunds or credits after August 3rd. Race day licensing available, USCF waiver may be signed on race day.

\*Junior and Women's categories race together but are scored separately, and there are separate medals for the junior women's categories.

**Prizes:** Cash unless otherwise noted. Primes are merchandise.

**Directions:** From the 405 freeway north or south, exit Jefferson and head east. Jefferson becomes Playa and then Overland. After about a mile, turn right onto Freshman Dr. into the WLAC campus. Follow the directions of the parking coordinators to parking.

**Questions:** David Manpearl at 310-560-1734, david\_manpearl@hotmail.com, or David Keire at 310-472-0989, stockdak@hotmail.com

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