



CEDARS-SINAI MEDICAL CENTER
Orthopedic Center



The Cedars-Sinai Grand Prix


Sunday June 25, 2006 At West L.A. College

Running with the Devil

\$8,000 in Cash Prizes!

**Over \$7,000 in Primes! Helen's Cycles KOM
Custom Winners Jerseys! Tons of Schwag!**



Category		Start	Dist	Places	Prizes	KOM	Size	Fee
Juniors 10/12 ¹		8:00 am	20 min	6/6	Awards	No	50	\$10
Juniors 13/14 ¹		8:01 am	25 min	6/6	Awards	No	50	\$10
Juniors 15/16 ¹		8:02 am	30 min	6/6	Awards	No	50	\$10
Alpha & Omega Juniors 17/18 ¹		8:03 am	35 min	6/6	Awards	No	50	\$10
Thomas Byrnes Masters 55+/60+ ²		8:50 am	40 min	6/6	\$300/\$200	No	100	\$20
Cat 5		9:40 am	40 min	6	Awards	No	50	\$20
First Time Racer Cat 5		9:41 am	40 min	6	Awards	No	50	\$20
Cannondale Masters 35+		10:30 am	50 min	10	\$600	\$200	100	\$25
1031Market.com Women Pro/1/2		11:30 am	50 min	10	\$600	\$200	100	\$25
Women 3		11:31 am	45 min	6	\$200	No	100	\$25
Women 4 Challenge		11:32 am	45 min	6	Awards	No	100	\$25
U.S. Assoc. of Blind Athletes		12:30 pm	Tandem Bicycle Demonstration					
Masters 45+		12:45 pm	45 min	6	\$500	\$100	100	\$25
Cedars-Sinai Orthopedic Center Men Pro-1/2 ³		1:40 pm	75 min	20/6	\$3000/\$500	\$500	125	\$30
Bicycling Magazine Cat 3		3:05 pm	50 min	6	\$500	\$100	100	\$25
Cat 4		4:05 pm	45 min	6	\$400	No	100	\$20

This challenging 1.3 mile triangular circuit on the WLAC grounds is a course that selects the fittest to contest the finish. The course descends from the start line for about 0.5 miles. At the first left, the course flattens out for about 0.5 miles leading to the next left, where the road turns up (200' per lap, 0.4 mi 7% grade). The Finish and KOM line are at the top of the hill. Good pavement and room to maneuver.

The Expo Area will include food and merchandise for sale, so come to race and bring your family to watch!

Free Admission and Parking!

Rules: USCF Category C race rules apply. USCF Permit #2006-1117 Free lap rule in effect until 3 laps to go.

Wheel Pit: Wheels in/Wheels out.

Helen's Cycles KOM: On 3 designated laps in each race, the top 5 riders to the top of the climb score points (6,4,3,2,1). The 3 riders with the greatest points total win prizes, EXCEPT for the Men's Pro-1/2, where the top 5 point totals win prizes. Prizes are cash, merchandise, or both.

Prizes: Cash unless otherwise noted. Primes are merchandise.

¹ Women's categories will be scored separately and have separate medals.

² Masters 60+ will be scored separately and race for a separate \$200 purse.

³ Cat 2 Men will be scored separately (6 places) and race for a separate \$500 purse.

Registration: Opens at 7:00 a.m., and one hour before each race; closes 15 minutes prior to race time. Pre-registration must be POSTMARKED by Monday June 19th. After that add \$5. Send 2006 USA Cycling standard release form with check payable to: Velo Club La Grange, 2118 Wilshire Boulevard #525, Santa Monica, CA 90403; OR register at bikereg.com. Includes USCF insurance fee. Unattached riders add \$5. No unattached fees for Cat 5 men or Cat 4 women. Extra races add \$10. No temporary checks or refunds/credits after June 21st. Race day licensing available, USCF waiver may be signed on race day.

Directions: From the 405 freeway north or south, exit Jefferson and head east. Jefferson becomes Playa and then Overland. After about a mile, turn right onto Freshman Dr. into the WLAC campus. Follow the directions of parking coordinators to parking.

Race Contact: David Keire 310-472-0989 racing@lagrange.org **Media Contact:** Dan Weinberg 310-435-1764 media@lagrange.org
Up-to-date Information may be found on the Velo Club La Grange website www.lagrange.org

